

RSHE- Year 4 Overview



Autumn 1- Me and my relationships • Human machines • Ok or not ok? (2 lessons) • An email from Harold! • Different feelings • When feelings change • Under pressure	Spring 1- Keeping safe • Danger, risk or hazard? • How dare you! • Keeping ourselves safe • Raisin challenge • Picture Wise* • Medicines: check the label • Know the norms* (Optional) • Traffic lights	Summer 1- Being my best • What makes me ME! • Making choices • SCARF Hotel • Harold's Seven Rs • My school community • Basic first aid
Autumn 2- Valuing difference • Can you sort it? • What would I do? • The people we share our world with • That is such as stereotype! • Friend or acquaintance? • Islands	Spring 2- Rights and Respect • Who helps us stay healthy and safe? • It's your right • How do we make a difference? • In the news! • Safety in numbers • Harold's expenses • Why pay taxes?	Summer 2- Growing and changing • Moving house • My feelings are all over the place • <u>All change!*</u> • Secret or surprise? • Together*

***If a lesson is marked with a purple asterisk, this is a session where adaptations have been made by the Subject Leader after consultation with Governors and Parents.**