

RSHE- Nursery Overview



Autumn 1- Me and my relationships • Marvellous me! • I'm special • People who are special to me	Spring 1- Keeping safe • People who help me and keep me safe • Safety indoors and outdoors • What's safe to go into my body	Summer 1- Being my best • What does my body need? • I can keep trying • I can do it!
Autumn 2- Valuing difference • Me and my friends • Friends and family • Including everyone	Spring 2- Rights and Respect • Looking after myself • Looking after others • Looking after my environment	Summer 2- Growing and changing • Growing and changing in nature • When I was a baby • Girls, boys and families*

*If a lesson is marked with a purple asterisk, this is a session where adaptations have been made by the Subject Leader after consultation with Governors and Parents.