



St Paul's Church of England Primary School Physical Education Policy

Adopted by: Curriculum Committee

On: 27th February 2019

Review: Spring 2022

INTRODUCTION

St Paul's Primary School is committed to promoting the health and well being of its pupils and staff through physical activity. This policy outlines the organisation, teaching and management of physical activity.

ETHOS & ENVIRONMENT

St Paul's Primary School strives to maximize opportunities for children, young people and all associated with the school to be physically active by promoting all avenues for activity. This includes the curriculum, environment and wider community.

PHYSICAL ACTIVITY POLICY CO-ORDINATOR

The school physical activity policy and strategy co-ordinator is Selina James

PHYSICAL ACTIVITY AIMS & OBJECTIVES

Aim: To ensure that all aspects of physical activity in school are promoted for the health and well being of pupils, staff and visitors.

Our specific objectives are as follows:

1. To enable pupils and staff to understand the importance of physical activity through the provision of information and development of appropriate skills and attitudes
2. To provide and promote opportunities for staff and pupils to be physically active throughout and beyond the school day
3. To increase physical activity levels of pupils in line with national targets

RESOURCE PROVISION

St Paul's has two school halls, one of which is equipped with portable and fixed apparatus for gymnastics and a music centre to support the teaching of dance. For the teaching of games, there are two playgrounds and access to a park. An annual audit of all physical education equipment is conducted by the PE co-ordinator in order to prioritise any necessary expenditure for the year. Resources for games, dance and outdoor activities can be found in the shed, and planning resources can be found in the PE Co-ordinator's area.

STAFF RESPONSIBILITY & DEVELOPMENT

Staff are encouraged to attend courses offered by Sport Impact and local sports organisations. Our partnership with Sport Impact and Brentford FC has widened the school's relationships with external agencies. As a result, local coaches and teachers often come into school and work alongside teachers.

CURRICULUM PROVISION

Organisation

The PE programme is taught by class teachers, with the exception of swimming. This is taught by specialised coaches in Key Stage 2..

Each child will receive the following **ACTIVE** PE time per week:

Foundation Stage: 1x 1 hour lesson, throughout the day active play activities.

Year 1 and 2: 2 hours x 2 lessons.

Year 3 and 4: 2x hour 2 lesson.

Year 5 and 6: 1 hour and ½ hour sessions every week

Planning:

The school scheme of work is based on the following resources: Rawmash and Real PE. In both key stages we teach gymnastics, dance, games and athletics with the addition of outdoor adventure activities in key stage 2. In the Foundation Stage, activities to support learning from the areas of 'Physical Development' and 'Creative Development' in the Early Learning Goals are planned daily.

Cross curricular links

Whilst retaining its unique contribution to a pupil's movement education, physical education also has considerable potential to contribute to much wider areas of learning. It is considered important that physical education is integrated into the school's planning for the development of pupils' communication, numeracy, PSHE and ICT skills.

Assessment

Teachers use the end of topic expectations using KPI's, and determine if pupils are Working Well Below, Emerging, Expected or Exceeding against age-expectations.

EXTRA CURRICULAR PROVISION

Break times / lunch times

Children are encouraged to throw and catch at play and play active games. Each playground has playground equipment to play with at playtimes and lunchtimes. The sports leaders and others help to put equipment out and away at start and end of each day stored in the playground shed.

After school clubs

We aim to encourage all pupils to take part in a range of clubs, and involve them in deciding the clubs we put on offer. Registers of clubs are kept to identify those who do not take part in (extra) regular exercise. A range of clubs are also offered;

- Football
- Street dance
- Change for life
- Dodgeball
- Multi-sports
- Tennis
- Athletics

Competition

Pupils take part in a range of intra-school and inter-school competitions organised through the School Sport Partnership. These include Football, Tennis, rugby, Gymnastics, Dance, Golf, Netball.

ACTIVE TRAVEL

Please refer to the School Travel Plan for details of how we promote travel to school. We also take part in Walk to School Week annually and Bikeability. Year 5 and 6. Children take part in cycle awareness course.

COMMUNITY PARTNERS / LINKS

The school is part of the Hounslow Schools competition network. We have also established links with a number of local clubs including. Dodgeball (Boom sports), Street dance (Kick London), Dukes Meadow and Will to Win Tennis, Middlesex Cricket Club and Brentford football club

STAFF ACTIVITY

Our staff aspire to be positive role models for our children. We aim to take part in physical activity whenever possible. Staff often play games with children at playtime and demonstrate physical activity during PE lessons.

HEALTH & SAFETY

Please refer to the school's health and safety policy and risk assessment file.

Use of any external personnel including sports coaches and volunteers will be in line with the school's policy on DBS / staffing checks.

MONITORING & EVALUATION

The physical activity policy co-ordinator will have lead responsibility for the monitoring of physical activity in the school. An action plan and review process is used to evaluate impact of the policy in line with the above mentioned objectives. A copy of this is available on the school's website.