



St Paul's Friday Round Up



Friday 12th January 2024

Welcome to our round up of news and information for the week.

Happy New Year!

We have had a great week back at school. I hope that you all had a wonderful Christmas and that the New Year has started well for you all. The teachers have many exciting lessons and events planned for this term, please look out for their newsletter and curriculum overview.

Staffing Update

I am delighted to welcome some new members of staff to the team. Miss Cracknell has joined the Early Years Team as a Learning Support Assistant. Miss Hassan has changed role, working as a Learning Support Assistant, also in the early years team. Mrs Mateus Da Silva and Mrs Kannan have both joined the School Midday Supervision team. Miss Hardy-Stewart has joined the school in a temporary Teaching Assistant role, working mainly with the Infant classes.

Extra-Curricular clubs – Spring term 2024

Many of our extra-curricular clubs are now full. There are a few spaces in the cooking club (Y3,4), Streetdance (Y3,4,5,6) and Multi-skills (YR,1). If you would like to enrol your child in one of these clubs, please sign up through Parentpay.

Mobile Phones and Internet Enabled Technology

As I set out in previous Friday Roundups, Mobile phones, smartwatches and any other internet enabled devices are now completely banned for pupils in school. These devices must not be brought to school. This week we have reminded pupils where we have seen a phone or device. From next week, we shall confiscate any device. Confiscated items will only be returned to a parent at the school office.

We have banned these devices as they present a number of significant risks in respect of bullying, potential grooming and other areas of safeguarding risk. We have had experience of a growing number of very worrying problems arising out of the use of internet enabled technology outside of school at the end of the day. I appreciate that there may be concerns for parents whose children go home alone. Pupils in upper key stage 2 making the journey home alone should go home promptly after school to an adult, rather than lingering in the local area and communicating with an adult on a mobile phone.

ALEXANDRA ROAD CLOSURE

Due to road works in the locality, Alexandra Road (off London Road) is due to be closed next week for a week. Please be aware of this and give yourselves additional time to get to school during this road closure, which is likely to cause congestion.

Curriculum Enrichment Day – Thursday 18th January 2024

We shall be having our annual curriculum enrichment day on Thursday 18th January. On this day we come off the normal school timetable to focus on a wider aspect of the curriculum. Each class has a specialist workshop during the school day and delves deeper into the subject during the school day. We also have a special menu on Curriculum Enrichment Day. There is a special menu flier and competition attached below. **If your child normally has packed lunch and you would like them to have the special Curriculum Enrichment Day school meal**, please contact the school office by **Tuesday 16th January** to sign up.

Curriculum Enrichment Menu & Competition

Completed competition entries should be returned to school by Thursday 18th January, to enter the prize draw.



The flyer features a header with the word "NOURISH" in large green letters, a small "GROW WITH US" logo with an apple, and five diverse children with backpacks pointing upwards. The background is decorated with colorful numbers and fruit. Below the header is a black banner with "NUMBERS FEAST 2024" in orange digital-style font. The main content is divided into two columns. The left column contains a menu for Thursday 18th January 2024, listing items like Beefburger, Cheese & Tomato Wrap Stack Triangles, Jacket Potato, Spaghetti Zeros, Sweetcorn & Peas, Jacket Wedges, Millionaire Biscuit, Ice Cream, Fruit Pots, and Yoghurt, each with associated numbers. The right column contains a 4x4 Sudoku puzzle grid with some numbers pre-filled. At the bottom right, there are two input fields: one for counting Mr Nourishes and another for Name and Class.

MENU

THURSDAY 18TH JANUARY 2024

Beefburger 1,5,6
60% burger + 40% bun = 100% delicious
+++

Cheese & Tomato Wrap Stack Triangles 1,7
How many sides are there?
+++

Jacket Potato with a Choice of Toppings 7,8,9
+++

Spaghetti Zeros 1
Sweetcorn & Peas
Jacket Wedges
+++

Millionaire Biscuit 1,7
Ice Cream 7
Fruit Pots
Yoghurt 7

Complete the Sudoku Puzzle correctly and take to the counter at lunchtime to be entered into a draw for a prize.

Every row, column and mini-grid must contain the numbers 1 to 4. Don't guess - use logic!

	4	2	
2			3
1			4
	3	1	

☐ How many Mr Nourishes are on this flyer?

Name: _____

Class: _____

Allergen code: 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame
6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs
12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten

Weekly menu (not including Curriculum Enrichment Day)

Please see next week's menu below.

Week 2					
6th Nov	Beef & Onion Pie ¹	Chicken Noodles ^{1,3,16}	Roast Pork & Gravy	Mild Chilli ⁴	Sausages ^{1,6}
4th Dec	Macaroni Cheese ^{1,7 v}	Vegetable Nuggets & Tomato Sauce ^{1 v6}	Roast Vegetable Yorkshire Pudding Wrap ^{1,7,9 v}	Cheesy Pasta Bake ^{1,7 v}	Quorn Sausage ^{1 v6}
15th Jan	New Potatoes	Rainbow Rice, Carrots, Peas	Rustic Roast Potatoes	Rice, Carrots, Green Beans	Chips, Peas, Baked Beans
19th Feb	Seasonal Vegetables		Cabbage, Sweetcorn	Sunshine Bar ^{1,6,15,16}	Cucumber Sticks
18th Mar	Ice Cream ⁷	Toffee Apple Pudding ^{1,9} & Custard ⁷	Popcorn & Raisin Pot	Mr Nourish Biscuit ¹	Jaffa Biscuit ¹
	Mr Nourish Biscuit ¹	Mr Nourish Biscuit ¹	Mr Nourish Biscuit ¹	Yoghurt ^{3,7}	Yoghurt ^{3,7}
	Fruit Pots	Fruit Pots	Fruit Pots, Yoghurt ^{3,7}	Fruit Pots	Fruit Pots

Universal Free School Meals for Junior Children

This academic year, the Universal Free School meals programme was extended from the Infants to cover junior children too. This additional support was funded by the Mayor of London, initially for one academic year. Earlier this week I was informed that the Mayor has secured funding to extend this programme for another academic year. This means that pupils in Years 3-6 from September 2024 will continue to receive Universal Free School Meals.

Cost of Living – Turn to Us

The cost of living crisis has hit us all hard, but for some families the crisis is critical. [Turn to Us](#) is a charity that helps to ensure that families are receiving all the state benefits that they may be eligible for, as well as having a grants calculator tool that can identify other sources of support. On the Turn to Us website there is a 'benefits calculator'. After adding some basic information, the calculator will identify any benefit support that you may be eligible for. If your family is struggling financially with housing, food or other essentials, do use the calculator to ensure that you are receiving all the support available to you.

Benefits Eligible Free School Meals

Pupils in families receiving state benefits are often eligible for *Benefits Eligible Free School Meals*. As well as a free school meal, these families currently receive supermarket vouchers during school holidays and free access to holiday activity clubs during school holidays. In order to get BEFSM, families must complete an application form. For more information, to check eligibility and to apply, please click [here](#).

Childcare support for working families with two-year-olds

Starting in January 2024, eligible working parents in Hounslow can apply for 15 hours childcare support a week for their two-year-old children. Parents have until 31 March to apply for a code, with the best timing being mid-January to the end of February in case they need to provide further information to support their application.

To apply for a childcare code each parent needs to be working and earning the equivalent of 16 hours a week at national minimum/living wage and under £100,000 adjusted net income per year. This means that each parent needs to earn from just over £8,600 per year to be eligible for 15 hours a week of childcare during term time.

Check the eligibility: <https://www.gov.uk/apply-free-childcare-if-youre-working>

EXTERNAL PARTNERS

Perform Drama

On Thursday the 'Perform' drama club visited the school to run a free workshop for the pupils in Early Years and Key Stage 1. Details of the workshop and a reduced offer to join the Perform club are set out below:



Confidence Building Fun

Try a Free Drama Class

— This is a fab class!
It was mentioned at
Katie's parents' evening
that her confidence
in class seems to
have grown so I am
delighted. Jane Spurgeon

PERFORM
WATCH YOUR CHILD SHINE

Try Perform for free and claim a £40 discount

Today, your child took part in a Perform drama, dance and singing workshop – a unique mix of activities designed to bring out every child's true potential.

Our small classes ensure lots of individual attention by our experienced teachers – hand-picked for their warmth, energy and professionalism. They'll focus on your child's engagement in the activities rather than their precision, and be with them every step of the way to guide, inspire and encourage.

As well as having fun at Perform, your child will enjoy real benefits: greater confidence, improved concentration and an increased awareness of what they can achieve.



PERFORM
WATCH YOUR CHILD SHINE

perform.org.uk

Your nearest Perform venues

See more at perform.org.uk/venues

Perform Brentford
Fridays at 4pm
St Paul Church Of England Primary School, St Paul's Road, Brentford, Hounslow, TW80PN

Perform Kew
Thursdays at 4pm
Kew Community Centre, St Luke's in the Avenue, Kew, Kew, TW9 2AJ

Perform Ealing
Fridays at 3.45pm
St Paul's Church Hall, St Paul's Church Hall Ealing, Ridley Avenue, Ealing, W13 9XW

Perform Ealing
Tuesdays at 4pm
St Paul's Church Hall, St Paul's Church Hall Ealing, Ridley Avenue, Ealing, W13 9XW

Perform Chiswick
Sundays at 9.30am
St Michael's Hall, Elmwood Road, Chiswick, London, W4 3DY

Your £40 introductory discount

Your child can enjoy a free trial class at any Perform venue. Sign up on or before the expiry date to claim your special discount. Call **020 7255 9120** or visit perform.org.uk/free

DISCOUNT CODE
SPCJ010224
EXPIRY DATE
01-Feb-24

The discount code cannot be applied retrospectively. Visit perform.org.uk for full terms and conditions.

020 7255 9120

Healthy Hounslow



Help your family be healthy and happy

Healthy Hounslow is a **free** health and wellbeing service.

We've supported hundreds of families across Hounslow to lead **healthier** lives.

How can we help you?

By joining our 12-week family programme you can:

- Discover how to turn small changes into long-lasting healthy habits
- Learn quick recipes, great for whipping up during the week
- Get active and have fun doing it, with our family-friendly games.

To join one of our families programmes, at least one of your children will need to:

- Live in the London borough of Hounslow
- Be aged 5-15 years old
- Be above their ideal weight based on their BMI.



Sign up today:

www.healthyhounslow.co.uk

hello@healthyhounslow.co.uk



Scan me

IN PARTNERSHIP WITH



For alternative formats, email marketing@maximusuk.co.uk quoting X22-1771

Hounslow Adult Learning

FREE COURSES

MULTIPLY COURSES



NEW COURSES FOR 2024

Understanding Your Business Finances & Workplace Numbers

Location : Online
Time: 12:30pm - 2:30pm Tuesdays
January 16th - 26th March (10 weeks)



Everyday Numbers For Cooking (Parents/guardians & Children 5years +)

Location : Meadowbank
Time: 9:30am - 12:30pm Saturdays
January 20th-9th March (7 weeks)



Multiply Week Confidence with Numbers Beginners /Intermediate Courses

Location : Meadowbank OR Feltham Library
Time: 10am - 2pm Monday-Friday
5th February - 9th February (1 week)



Multiply Week Healthy Eating on a Budget

Location : Meadowbank
Time: 10am - 2pm Monday-Friday
5th February- 9th February (1 week)



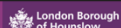
*Learners must live within a London Borough in order to access these courses

ENROL NOW 0208 583 6000

WWW.HACE.AC.UK

<https://coursesearch.hounslow.gov.uk/>

[f](https://www.facebook.com/learnandworkhounslow) [i](https://www.instagram.com/learnandworkhounslow) [in](https://www.linkedin.com/company/learnandworkhounslow) @learnandworkhounslow



Contact:

To contact the school, please send an email to office@stpauls.hounslow.sch.uk

To contact the Chair of Governors: chair@stpauls.hounslow.sch.uk

Parent Governors:

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